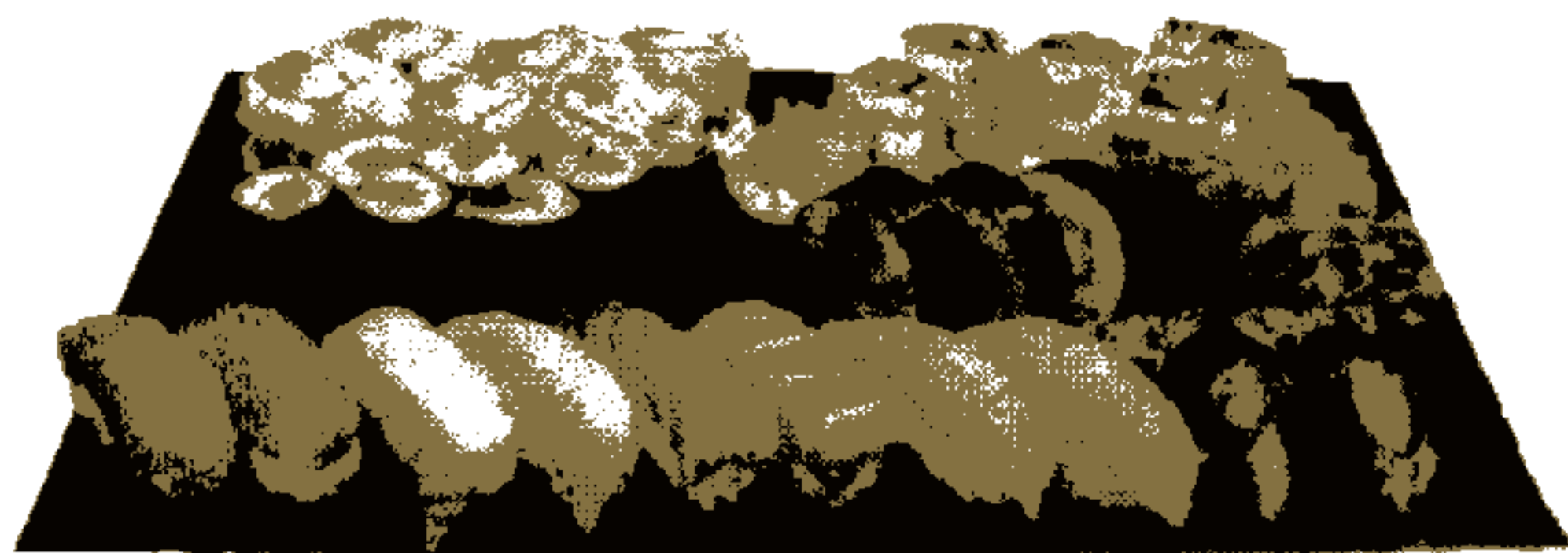


MAN PUKU

“ Visit our website for detail information about menu of the food “

www.manpukusushi.com



2977 College Ave, Berkeley, CA 94707

(510) 848-2536

Monday - Saturday : 11 AM - 10 PM

Sunday : 11 AM - 9 PM

Special ROLL

- 1. ASHBY MAKI**
Deep Fried Hamachi & Salmon Roll \$3.85
- 2. TEMPURA ROLL**
Fried Shrimp Tem, Avocado, Cucumber, Tobiko, Picked Raddish..... \$4.25
- 3. SPIDER ROLL**
Fried Soft Shell Crab Roll \$5.75
- 4. RAINBOW ROLL**
Sliced Raw Fish over California Roll \$6.25
- 5. ALOHA ROLL**
Salmon and Lemon over California Rol \$6.25
- 6. DRAGON ROLL**
Avo B.B.Q Eel over Shrimp Tem & Crab Roll \$6.95
- 7. SNAKE ROLL**
B.B.Q Eel over Cal. Roll \$5.95
- 8. SPICY TEMPURA ROLL**
Tempura Roll with Spicy Sauce \$4.25
- 9. MANPUKU ROLL**
B.b. Eel over Yellow Tail & Avocado Roll \$6.25
- 10. SALMON SKIN HAND ROLL**
Grilled Salmon Skin \$2.75 ea
- 11. CATERPILLAR ROLL**
Avo over B.B.Q Eel, Cucumber Roll \$6.95
- 12. HOTKING ROLL**
Tuna w/green. Onion + Spicy souce over Cal Roll \$6.25

Nigiri-Sushi

- | | | |
|-------------------------|--------------------|------------------|
| 13. MAGURO | TUNA | \$1.25 ea |
| 14. HAMACHI | YELLOW TAIL | \$1.25 ea |
| 15. TAI | SNAPPER | \$1.25 ea |
| 16. SAKE | SALMON | \$1.25 ea |
| 17. SABA | MACKEREL | \$1.25 ea |
| 18. SHIRO MAGURO | WHITE TUNA | \$1.25 ea |
| 19. UNAGI | B.B.Q EEL | \$1.25 ea |
| 20. EBI | COOKED SHRIMP | \$1.25 ea |
| 21. SPICY TUNA | SPICY TUNA | \$1.25 ea |
| 22. TOBIKO | FLYING FISH ROE | \$1.30 ea |
| 23. IKURA | SALMON ROE | \$1.50 ea |
| 24. TAKO | OCTOPUS | \$1.25 ea |
| 25. IKA | SQUID | \$1.25 ea |
| 26. SPICY HOTATE | SPICY SCALLOP | \$1.25 ea |
| 27. TAMAGO | EGG | \$1.10 ea |
| 28. AVOCADO | AVOCADO | \$1.10 ea |
| 29. NATTO | FERMENTED SOY BEAN | \$2.50 2pc |
| 30. INARI | SOY BEAN CAKE | \$0.95 ea |

Maki

31. OSHINKO MAKI	Pickled Raddish Roll	\$2.00
32. SALMON MAKI	Salmon Roll	\$2.50
33. TEKKA MAKI	Tuna Roll	\$2.50
34. AVOCADO MAKI	Avocado Roll	\$2.25
35. UMEKYU MAKI	Pickld Plum & Cucumber Roll	\$2.75
36. NEGIHAMA MAKI	Yellow Tail & Green Onion Roll	\$2.50
37. UMESISO MAKI	Pickled Plum & Cucumber Roll	\$2.75
38. KANPYO MAKI	Cooked Dry Squash Roll	\$2.00
39. CALIFONIA MAKI	Imitation Crab & Avocado Roll	\$2.50
40. TROPICAL MAKI	Deep Fried Asparagus & Mango Roll	\$2.75
41. KAPPA MAKI	Cucumber Roll	\$2.00
42. ELMWOOD	Spinach & Shitake Mushroom Roll	\$2.0
44. CALIFONIA MAKI with TOBIKO	Imitation Crab & Avocado Roll with Tobiko	\$3.00
45. UNAMAN MAKI	B.B.Q Eel & Mango Roll	\$2.95
46. SALMON AVOCADO MAKI	Salmon & Avocado Roll	\$2.80
47. SHOGUN MAKI	Mackerel & Ginger Roll	\$2.80
48. UNAK YU MAKI	B.B.Q Eel & Cucumber Roll	\$3.25
49. FUTO MAKI	Big Veg Roll	\$3.25
50. SPICY TUNA MAKI	Spicy Tuna, Cucumber & Raddish sprout	\$2.75
51. POKI MAKI	Spicy White Tuna Roll	\$2.75
52. DEEP FRIED CALIFORNIA ROLL	\$3.85
53. ROCKN ROLL	B.B.Q Eel & Avocado Roll	\$3.25
54. PHILADELPHIA ROLL	Salmon & Avocado & Cream Cheese Roll	\$3.50
55. NEW YORK Roll	Cooked Shrimp & Avocado Roll	\$3.50

Appetizer

56. MISO SOUP	Regular	\$1.00
57. MISO SOUP	Large	\$1.95
58. VEGETABLE MISO SOUP	\$2.95
59. RICE	\$1.50
60. GREEN SALAD	With Miso Dressing	\$1.25
61. TSUKEMONO	Pickled Raddish	\$1.50
62. GYOZA	6 pcs Pork Dumpling	\$3.50
63. CHA-HAN	Fried Rice	\$3.75
64. TEMPURA	Shrimp & Vegetable Tempura	\$5.25
65. SASHIMI MIX	\$6.25

Ramen

66. SHOYU RAMEN	Noodle in Soy Sauce Flavored Soup w/ Slice BBQ Pork & Veg	\$4.95
67. MISO RAMEN	Noodle in Miso Flavored Soup w/ Slice BBQ Pork & Veg	\$4.95
68. HAKATA RAMEN	Noodle in Pork Flavored Soup w/ Slice BBQ Pork & Veg	\$5.25
69. MANPUKU RAMEN	Noodle in Spicy Soy Sauce Flavored Soup w/ Vege, Tofu & Fishcake	\$5.50
70. CURRY RAMEN	Noodle in Curry Flavored Soup	\$5.95
71. NEW WINTER RAMEN	Noodle in Spicy miso Flavored Soup w/ Veg Tofu, Fishcakes & Kim-chee	\$5.95
72. CHAMPON	Noodle in Pork Flavored Soup w/ Stir-Fried Seafood & Veg & B.B.Q Pork	\$5.95
73. GOMOKU RAMEN	Noodle in Soy sauce Flavored Soup w/ Stir-Fried Seafood & Veg	\$5.95
74. YAKINIKU RAMEN	Noodle in Soy Sauce Flavored Soup w/ B.B.Q Beef	\$6.95
75. SEAFOOD RAMEN	Noodle in Soy Sauce Flavored Soup w/ Seafood	\$6.95

Ramen Combo

76. RAMEN COMBO A	Shoyu or miso ramen serve W/ half chahan and 6 pc. gyoza	\$8.95
77. RAMEN COMBO B	Shoyu or miso ramen served W/ 6 pc. cal. roll	\$6.95

Cold Noodle

78. ZARU SOBA	Cold Buckwheat Noodle w/ Green Onion Special Soaking Sauce	\$5.50
79. COLD RAMEN NOODLE SALAD	Veg Salad .Eggs & Ham over Cold Noodle	\$5.75
80. TEMZARU SOBA	Buckwheat Noodle Served with shrimp & vege Tempura	\$6.75

Stir Fried Noodle

81. VEGE. YAKI UDON/SOBA	Stir Fried Udon or Ramen Noodle with Veg + Special Sauce	\$4.95
82. CHICKEN YAKI UDON/SOBA	Stir Fried Udon or Ramen Noodle with Chicken & Veg + Special Sauce	\$5.95
83. BEEF TAKI UDON/SOBA	Stir Fried Udon or Ramen Noodle with Beef & Veg + Special Sauce	\$5.95
84. SEAFOOD TAKI UDON/SOBA	Stir Fried Udon or Ramen Noodle with Seafood & Veg + Special Sauce	\$6.95

Udon & Soba

85. UDON	\$4.70
Thick Japanese Noodle Soup	
86. SOBA	\$4.70
Hot Buckwheat Noodle Soup	
87. CURRY UDON/SOBA	\$5.50
Noodle in Curry Flavored Soup	
88. WINTER UDON	\$5.75
Udon Noodle in Spicy Soup w/Veg Tofu, Fishcakes & Kim-chee	
89. TEMPURA UDON/SOBA	\$6.25
Noodle with Shrimp & Veg Tempura Soup	
90. NIKU UDON/SOBA	\$6.25
Noodle with Choice of Beef or Chicken Soup	
91. SEAFOOD UDON/SOBA	\$7.25
Noodle with Seafood and Veg Soup	

Chirashi

92. CHIRASHI	\$7.95
Mixed Sashimi Over Rice	
93. TEKKA DON	\$7.95
Tuna Sashimi Over Rice	

Bento Box

94. CHICKEN TERIYAKI Grilled Chicken with Teriyaki Sauce	\$5.95
95. SABA SHIOYAKI Grilled Salted Mackerel	\$6.25
96. PORK KATSU Deep Fried Pork with Special Sauce	\$6.50
97. CHICKEN KATSU Deep Fried Chicken with Special Sauce	\$6.50
98. GYOZA 8 Pcs. Pork Dumpling	\$6.50
99. BEEF TERIYAKI Beef Steak with Teriyaki Sauce	\$7.95
100. SALMON SHIOYAKI Grilled Salted Salmon	\$7.50
101. SALMON TERIYAKI Grilled Salmon with Teriyaki Sauce	\$7.50
102. TENDER BEEF Stir Fried Beef with Special & Korean Sauce	\$7.50
103. TEMPURA Deep Fried Shrimp & Vegetables	\$7.95
104. Sashimi Bento Assorted Sashimi (Chef's Choice)	\$7.95

2 Items Bento Box

105. **A + A**
\$ 9.95

106. **A + B**
\$ 10.95

107. **B + B**
\$ 11.95

CHICKEN TERIYAKI,
PORK KATSU,
GYOZA,
SABA SHIOYAKI,



BEEF TERIYAKI,
TENDER BEEF,
SALMON SHIO,
SALMON TERIYAKI,
TEMPURA,
SASHIMI

Curry Rice

108. CURRY RICE	\$4.95
Japanese Brown Curry Over Rice	
109. CHICKEN CURRY RICE	\$6.00
Chicken Curry Over Rice	
110. BEEF CURRY RICE	\$6.50
Beef Curry Over Rice	
111. KATSU CURRY RICE	\$6.50
Deep Fried Pork Curry Over Rice	

Donburi * Served with miso soup

112. VEGE DON	\$4.95
Stir Fried Vegetables Over rice	
113. OYAKO DON	\$5.95
Chicken and Egg over Rice	
114. KATSU DON	\$6.95
Pork cutlet and Egg over Rice	
115. BEEF DON	\$5.95
Beef with veg and Egg Over Rice	
116. UNAGI DON	\$6.95
B.B.Q Eel over Rice	
117. TEMPURA DON	\$6.95
Shrimp and Vegetables Tempura over Rice	

Sushi Combo

118. SUSHI COMBO A	\$8.95
Cal Roll/ Tuna or Salmon Roll/ 5pcs. Assorted Nigiri	
119. SUSHI COMBO B	\$14.25
Cal Roll/ Tuna Roll or Salmon Roll/ 8pcs Assorted Nigiri	
120. SUSHI COMBO C	\$19.95
Cal Roll/ Tuna Roll or Salmon /10pcs assorted Nigiri/ Tempura Roll/ Rock'n Roll	